# JAY DUKE Equestrian Clinics & Course Design

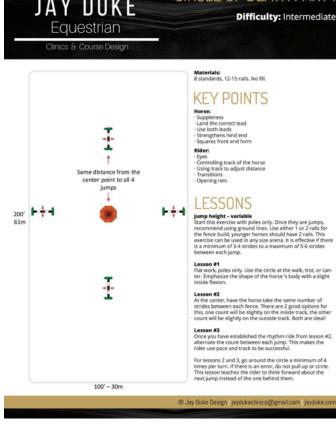


## **Show Ring Refresh with Jay Duke!** The hunter and jumper riders of Elder Stable in Winnipeg, MB, got a double

serving of Jay Duke's show jumping boot camp during their recent five-day clinic. Elder Stable is a competitive show barn run by trainer Judy Elder and rider/trainer Pamela Elder, and their riders and horses are in the midst of a busy fall competition season. So they turned to Jay to help add some polish to their winning ways. Riders from the junior to the professional ranks participated with 25 horses in total. Some highlights from Elder Stable's Jay Duke Clinic courtesy of Judy Elder:

#### We had a beginner amateur hunter rider having trouble maintaining a

- consistent canter. Jay quickly explained, "You can have your foot on the brake, and you can have your foot on the gas, but you can't have it on both at the same time." He had her balancing the two and producing an undercontrol and consistent canter in no time. Pamela was riding a young hunter that is a very big type and was having trouble jumping from deep distances. Jay used his "Circle of Death" exercise
- to help the horse sit on his hocks and pick up his knees and got him jumping beautifully. Click below to try this exercise at home! CIRCLE OF DEATH PART



## "One of my biggest fears when bringing in a clinician

**In Review** 



that they may not understand or are not capable of. From the start, this was never an issue with Jay. I was very impressed with how welcoming and not intimidating his style was. He genuinely cares about

seeing each horse and rider improve and quickly

is that they will ask something of my horses and riders

zeroes in on how to make that happen. Jay is a gifted clinician and we can't wait to have him back!" ~ Judy Elder Clinic Organizer and Elder Stable Trainer

#### Jay has extensive firsthand knowledge of the jumping discipline and is

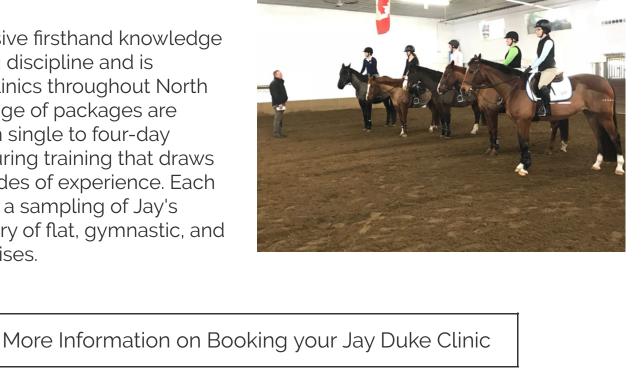
available for clinics throughout North

America. A range of packages are

Winter clinic dates now

available!

available, from single to four-day sessions, featuring training that draws on three decades of experience. Each clinic includes a sampling of Jay's extensive library of flat, gymnastic, and jumping exercises.



Have you heard about Jay Duke Equestrian's **Virtual Lesson Subscription Program?** 

It's the next best thing to a Jay Duke clinic,

and you can subscribe for just \$8 per lesson!

### Subscribers pay \$33 per month for a year-long subscription, which works out to be... yes, you guessed it: \$8 per weekly lesson!

• What you get: One lesson per week delivered directly to your e-mail ready

to travel straight to the ring with you. Additionally, subscribers gain access to Jay's extensive library of exercises and tips, as well as guest lessons from contributing horse

sport professionals at varying levels. In May, subscribers received a

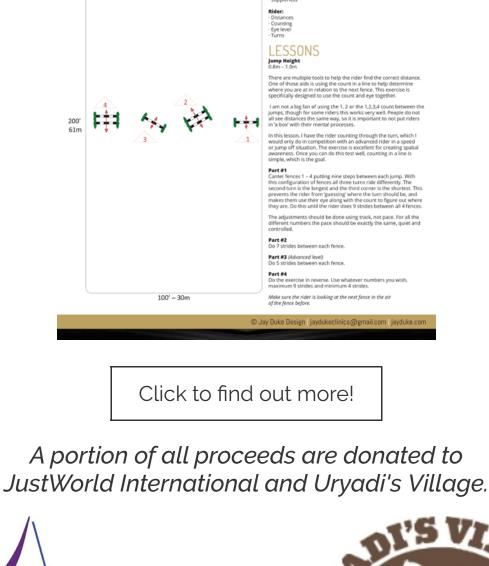
lesson from reigning FEI World Cup champion Beezie Madden!

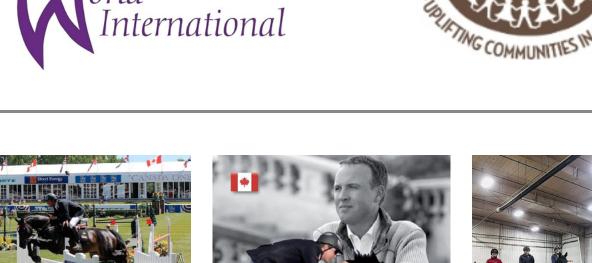
• Bonus Benefits: Phone and video support from Jay Duke, including horse evaluations, lesson questions, etc. Click below to see what recent subscribers received!

**EYE COUNT** 

Difficulty: Intermediate

## **KEY POINTS**





View Jay Duke's Lesson Library

Find Out More About Jay Duke



